

THE 101 ELLIOTT BUILDING FITNESS ROOM FORM

Fitness Room Policies:

- Lockers are provided for your use on a daily basis only and it is suggested that you use a lock to protect your property. Do not leave any valuable property in a locker or the shower stall at any time. SteelWave is not responsible for any theft or damage to your property. If you leave a lock on the locker overnight, SteelWave has the right to cut it off and your property will be considered abandoned if left overnight. If you leave your property overnight, Steelwave shall have the right to donate your property to charity.
- Please use a cloth towel during workouts to protect and clean the machines you use. Towel service is provided for your convenience.

Contact Information

Date: _____ Name: _____ Title: _____

Phone: _____ Email: _____ Cardkey Number: _____

Company: _____ Suite: _____ Main Phone: _____

In Case of Emergency

Name: _____ Relation: _____ Home Phone: _____ Cell: _____

Name: _____ Relation: _____ Home Phone: _____ Cell: _____

Release for Use of Fitness Studio

In consideration of receiving permission from landlord Elliott Seattle Real Estate Holding Inc. to enter upon and use of the 101 Elliott Building's Fitness Studio ("Fitness Studio") and exercise equipment located at 101 Elliott Ave West the receipt of such permission being hereby acknowledged, the undersigned hereby releases Elliott Seattle Real Estate Holding Inc. and its agents, officers, servants, and employees, of and from any and all liability claims, demands, actions, and causes of action whatsoever, arising out of or related to any loss damage, or injury, including death, that may be sustained by the undersigned, or any property of the undersigned, while in, on, or upon the designed Fitness Studio.

The undersigned being duly aware of the risks hazards inherent upon entering said Fitness Studio and/or using any mechanical exercise equipment in said area, hereby elects voluntarily to enter said area, knowing its present condition and knowing that said condition may become more hazardous and dangerous during the time that the undersigned is in, around or using the Fitness Studio or equipment therein. The undersigned hereby voluntarily assumes all risk of loss, damage, or injury, including death, that may be sustained by the undersigned or any property of the undersigned while in, on or upon and Fitness Studio.

The release shall be binding upon the distributees, heirs, next of kin, executors, administrators and personal representatives of the undersigned.

In signing the foregoing release, the undersigned hereby acknowledges and represents that he/she has read the foregoing release, understands it, and signs it voluntarily; and that he/she is over 18 years of age and of sound mind (if a parent or legal guardian is signing on behalf of a minor, then said parent or guardian attest to all to the foregoing).

Signature: _____ Print Full Name: _____ Date: _____

